

长老会爱加倍堂

AGAPE CHRISTIAN CENTRE



真理与装备

TRUTH & EQUIPPING

一人走
WALKING WITH GOD



团契与服务

FELLOWSHIP & SERVICE

一起走
WALKING TOGETHER



外展与宣教

OUTREACH & MISSION

走出去
WALKING WITH OTHERS

周讯

BULLETIN

28.12.2025

主日崇拜

Sunday Service



程序	8. 30am	10. 15am	12. 00pm
一、宣召祷告 Call to Worship	程晓文传道		Eld. Gary Wong
二、敬拜赞美 Praise and Worship	程丽萍姐妹		Dea. Janice Yeo
三、同心代祷 Intercession Prayer	程晓文传道		Eld. Gary Wong
四、恭读圣言 Scripture Reading			
五、虚心领受 Sermon	蔡立凯传道 《向着标杆前进》		Ps. Chua Lip Kai 'Pressing toward the Prize'
六、信息回应 Response	程丽萍姐妹		Dea. Janice Yeo
七、感恩奉献 Offering Time	程晓文传道		Eld. Gary Wong
八、谢恩祷告 Thanksgiving Prayer	洪秀凤姐妹	王辉文弟兄	Bro. Cheah Jun Fa
九、见证 Testimony	卓欣贤姐妹		Bro. Tommas Looi
十、家事分享 Announcements	程晓文传道		Eld. Gary Wong
十一、祝福 Benediction	蔡立凯传道		Ps. Chua Lip Kai



会众默祷平安散会 End of Service with Silent Prayer





一、认清未达之境（12节）

二、放下背后之事（13节上）

三、直奔前方之奖（13节下 — 14节）

问题：

1. 在《天路历程》的故事中，主人公“基督徒”和“盼望”经过漫长疲惫的旅程后，进入了“迷魂地”。他们歇下脚步，灵里却生了锈，安逸导致了灵性的沉睡。在你属灵的生命中，哪些“迷魂地”曾使你陷入灵里的懈怠？（灵性懈怠的迹象：失去灵里的渴慕、安逸而无热情、外在宗教仪式却无与主相连的关系、涣散却不成长。）
2. 有哪些过去的失败或伤害，曾冷却你奔跑天路的热情？你可以如何面对？（请阅读诗篇 51:1-4, 10, 12；希伯来书 12:15；12:1-2；加拉太书 6:9-10）
3. 保罗使用“竭力追求”、“直奔”等积极的词语。在哥林多前书 9:24-25 中，他更呼召基督徒，要接受严格的训练（“在一切事上都有节制”）。你为自己的灵命成长制定计划了吗？如果你要在来年制定一份个人成长计划（PDP），它会是什么？谁可以在你的计划中成为你的监督者？
4. 保罗明确指出，我们之所以能“竭力追求”，完全是因为基督先“得着”了我们（“… 在那当中也被基督耶稣得着的。” 腓 3:12）。当你感到软弱、疲乏，或在奔跑中似乎失败时，牢记自己已被基督牢牢紧握的这个事实。若是如此，这会如何改变你的心态来跑这赛程？（请默想林后 5:14-15）



SERMON ANNOTATION

Topic: Pressing toward the Prize

Scripture: Phil. 3:12-14

- 1. Recognizing we are not there yet (v.12)**
- 2. Releasing what is behind you (v.13a)**
- 3. Reaching and pressing toward the Prize (v.13b-14)**

Questions:

1. In the story of "The Pilgrim's Progress", the characters – Christian and Hopeful entered the *Enchanted Ground* after a long tiring journey. Their rest turned to rust. Their comfort leads to spiritual slumber. What are the " *Enchanted Ground* " in your Christian life that somehow cause you to be complacent? (Signs of spiritual complacency: Loss of spiritual hunger, comfort without conviction, routine without relationship, contentment without growth).
2. What are some past failures or hurts that had dampened your zeal for the race? What can you do about it? (Read Ps. 51:1-4, 10, 12; Heb. 12:15; 12:1-2; Gal. 6:9-10)
3. Paul uses active language "straining toward" and "press on." And in 1 Cor.9:24-25, Paul calls Christians to go into strict training. Do you have a plan for your own spiritual growth? If you were to create a Personal Development Plan (PDP) for the next year, what would it be like? Who can hold you accountable in your PDP?
4. Paul makes it clear, our 'pressing on' is only because Christ first 'took hold' of us. ("... for which Christ Jesus took hold of me." Phil. 3:12). How does remembering that you are securely held by Him change your attitude when you feel weak, weary, or like you are failing in the race?" (Meditate on 2 Cor. 5:14-15)

家事分享 Announcement

差传认献 2026

认献目标
Mission Budget
\$338,000

2026 差传认献小总结

Mission Pledge Updates @ 22.12.2025

总数 Total

\$289,780

(135 位 pax)

85.7%

截至12月22日收到的2026差传认献已刊登在一楼布告栏，敬请查阅。如有任何差异，请联系秀雯姐妹。

The 2026 Mission Pledges as of 22 December are posted on Level 1 noticeboard for your perusal. If there are any discrepancies, please contact Sis Priscilla.

差传认献卡
Mission Pledge Card



或
OR

扫码参与认献
Scan QR code



agapessingapore.com/missionpledge2026

注：2026年的差传奉献请在
一月份开始，否则就纳
入今年的账了！

Note: 2026 Mission Offering
will begin in January,
otherwise it will be recorded
in this year's account!

岁末感恩祷告会

Year-End Thanksgiving
Prayer Meeting

31.12.2025 (周三 Wed)

7.45PM

正堂 Main Hall

主题 Theme:

《数算恩典·感恩前行 From Grace to Grace》



温馨提醒 Gentle Reminder

记得提醒下一位的祷告勇士哦！

Do remind the next prayer warrior!

为教会守望祷告

BE A PRAYER WARRIOR

第一季度 2026 1st Quarter

鼓励弟兄姐妹每人选择一天，为教会守望祷告。

请参阅一楼布告栏的代祷轮值表，并在首选日期填上姓名。

Brothers and Sisters are encouraged to each choose a day to pray for the Church. Please refer to Level 1 noticeboard for the prayer schedule, and fill in your name next to the preferred date.



读经卡

Bible Reading Plan Card

爱加倍读经计划
BIBLE READING PLAN
一月至六月 JAN TO JUN
2026



姓名 Name: _____
组长 Disciple Leader: _____
签名 Signature: _____

"说话！仆人敬听。" 撒母耳记上3:10
"Speak, for your servant is listening." 1 Samuel 3:10

一月 JANUARY

早 MORNING	晚 EVENING	早 MORNING	晚 EVENING
1 创1:1-2	创1:1-2	17 创1:1-2	创1:1-2
2 创1:3-5	创1:3-5	18 创1:3-5	创1:3-5
3 创1:6-8	创1:6-8	19 创1:6-8	创1:6-8
4 创1:9-11	创1:9-11	20 创1:9-11	创1:9-11
5 创1:12-14	创1:12-14	21 创1:12-14	创1:12-14
6 创1:15-17	创1:15-17	22 创1:15-17	创1:15-17
7 创1:18-22	创1:18-22	23 创1:18-22	创1:18-22
8 创1:23-24	创1:23-24	24 创1:23-24	创1:23-24
9 创1:25-26	创1:25-26	25 创1:25-26	创1:25-26
10 创1:27-28	创1:27-28	26 创1:27-28	创1:27-28
11 创1:29-30	创1:29-30	27 创1:29-30	创1:29-30
12 创1:31-2:1	创1:31-2:1	28 创1:31-2:1	创1:31-2:1
13 创2:2-3	创2:2-3	29 创2:2-3	创2:2-3
14 创2:4-5	创2:4-5	30 创2:4-5	创2:4-5
15 创2:6-7	创2:6-7	31 创2:6-7	创2:6-7
16 创2:8-9	创2:8-9		

请把今年七月至十二月读经卡投入箱子内或交给翠云姐妹。

If you have completed JUL-DEC BRP, please drop the completed card into the box located at the admin counter or pass to Sis. Cui Yun.

2026年一月至六月读经卡已经备好大家自由索取!

Bible Reading Plan card for 2026 JAN-JUN is ready for collection!

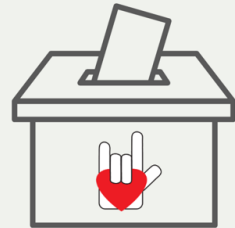
2026-2027

执事候选人提名 DEACON NOMINATION

- 仅限会友 | Members only
- 1月11日截止 | Open until 11 January

请向黄牧师领取提名表格

Nomination form can be obtained from Rev YC



本周默想经文 Weekly Meditation Verse

主是信实的，他必坚定你们，保护你们脱离那恶者。

But the Lord is faithful, and He will strengthen you and protect you from the evil one.

~ 帖撒罗尼迦后书 2 Thessalonians 3:3



邀请你未信主的乐龄亲友参加!

Invite your non-Christian
elderly loved ones!

每个月第四个星期四
4th Thursday of every month

10am – 12pm



爱加倍社区与培训中心 Agape Community and Training Centre
8 Lorong 11 Geylang S-388700 电话: 68422922



诚邀与您携手迎新年
Celebrating CNY



新年挥春及制作吊饰

CNY Couplets & Ornament Making

22-01-2026 (星期四 Thu)
10am-12pm

报名截止日期 Deadline: 11.1.2026

请在散会后到一楼柜台向慧萍或如玉报名!

You may register with Dione or Janna.

奉献记录 Offering Record

18/12/25 - 22/12/25 主日奉献记录 Sunday Offering Record

	8.30AM		10.15AM		12PM		Total (\$\$)
	实体	线上	实体	线上	实体	线上	
主日奉献 Sunday Offering	-	-	1,704.00	-	74.00	-	1,778.00
十一奉献 Tithe	-	1,721.10	750.00	1,430.00	-	3,344.34	7,245.44
感恩奉献 Thanksgiving	-	10.00	50.00	1,400.00	-	65.00	1,525.00
Total (\$\$)	-	1,731.10	2,504.00	2,830.00	74.00	3,409.34	10,548.44

18/12/25 - 22/12/25 差传奉献记录 Mission Offering Record

	8.30AM	10.15AM	12PM	Total (\$\$)
实体奉献 Sunday Collection	-	270.00	-	270.00
线上转账 Online Transfer	680.00	2,400.00	-	3,080.00
Total (\$\$)	680.00	2,670.00	-	3,350.00

号码 ID	数目 Amount (\$\$)	号码 ID	数目 Amount (\$\$)	号码 ID	数目 Amount (\$\$)	号码 ID	数目 Amount (\$\$)
049H	280.00	228W	10.00	485B	300.00	641G	2,400.00
212E	100.00	429B	100.00	533H	100.00	978F	60.00

主日奉献、十一奉献 Offerings & Tithes

户头名称 Account Name
AGAPE CHRISTIAN CENTRE
银行电子转账 Bank Transfer
DBS: 018-013859-0

PayNow 电子转账
T00SS0010BACC

或可以扫描二维码



差传奉献 Mission Offering

户头名称 Account Name
AGAPE MISSION FUND
银行电子转账 Bank Transfer
DBS: 017-900786-0

*请在转账时把登记号码后面三个数目和字母也填上

*Please state the last 3 digits + alphabet of your NRIC no. in the remarks

崇拜服事表 Service Roster

4 / 1 圣餐主日崇拜 Holy Communion Sunday Service			
	8.30am	10.15am	12.00pm
讲员 Speaker	黄玉清牧师 《耶稣的邀约》		Rev. YC Wong 'Jesus' Invitation'
主席 Chairperson	李铭鸿长老		Eld. Gary Wong
家事分享 Family Matters	蔡立凯传道		Eld. Gary Wong
襄理圣餐 Holy Communion	黄玉清牧师 程晓文传道 李铭鸿长老 辜其秋长老 黄依祈执事	黄玉清牧师 蔡立凯传道 何贤浩长老 黄家和长老 吕德浩长老 陈奕先执事	Rev. YC Wong Ps. Cheng Xiao Wen Ps. Chua Lip Kai Eld. Gary Wong Dea. Janice Yeo
感恩祷告 Thanksgiving Prayer	梁梅兰姐妹	李雪凤姐妹	Sis. Lim Yongxin
服事团队 Server Team			
主领 Worship Leader	袁绍宏弟兄 李素娟姐妹		Sis. Rachel Tan Sis. Isabel Lim
助唱 Vox	谢孝杰弟兄		Bro. Albert Tay Sis. Joy Oh
司琴 Key	季泽君姐妹		Sis. Germaine Wong
鼓手 Drums	邬晓渊姐妹		Bro. Jayden Wong
贝斯 Bass	郑月真姐妹		Sis. Cherin Ng
吉他 Guitar	王勇杰弟兄		Bro. Elijah Ng
投影 Visuals	刘婷姐妹		Sis. Rachel Then
音响 Sounds	丁日新弟兄 林师棉弟兄	-	Bro. Andre Chia Sis. Jomaine Seah
导播 OBS	徐耀琮弟兄 林志坚弟兄		Bro. Leonard Gay Bro. Wang LeChen

21 / 12 圣诞庆典出席人数 Christmas Service Attendance			
崇拜 Service	10.00am	4.30pm	主日学 Sunday School
出席人数 Attendees	215	93	24
新朋友 New Friends	4	6	6

价值观 Values



马太福音 Matthew 9:36

耶稣看见众人，就对他们动了怜悯之心，
因为他们困苦流离，像羊没有牧人那样。

When He saw the crowds, He had compassion on them, because they were harassed and helpless, like sheep without a shepherd.

主日崇拜 Services

8.30am 华语崇拜 Mandarin Service
9.45am 儿童崇拜 Children Service
10.15am 华语崇拜 Mandarin Service
12.00pm 华/英崇拜 Bilingual Service
儿童崇拜 Children Service

聚会 Fellowship

星期五 第一周
1st Friday of the Month
7.45pm 祷告会
Prayer Meeting
星期六 除了第一周
Saturday
(except 1st week) 晨祷会
Morning Prayer
8.00am

IMPORTANT CONTACT

长老团队 Elder

Elder Ho Hin How	何贤浩长老	hohh2@yahoo.com.sg
Elder Lee Beng Hong	李铭鸿长老	leebh248@gmail.com
Elder Gary Wong	王祖发长老	wongchgary@gmail.com
Elder Victor Koh	辜其秋长老	vkoh2012@gmail.com
Elder Wong Ka How	黄家和长老	kahow@singnet.com.sg

教牧同工 Pastoral

Senior Pastor/Mission & Prayer Ministry	黄玉清牧师	yc_wong@agapesingapore.com
Adults & Young Adults Ministry Pastor	蔡立凯传道	cai_likai@agapesingapore.com
Worship, Children & Youth Ministry Pastor	程晓文传道	cheng_xw@agapesingapore.com
Admin Director	杨秀雯姐妹	priscilla_yong@agapesingapore.com
Executive Director (ACTC)	林淑萍姐妹	amelialim@agapesingapore.com

通讯处 Information Centre

	6842 2922		Tue-Fri: 9.00am—6.00pm
	contact@agapesingapore.com		@agapesingapore
	https://agapesingapore.com		@agapians
	No. 8, Lorong 11 Geylang, Singapore 388700		

二维码“周讯”

